

## SWEET POTATO CURRY SOUP

Serves 6

1 large onion \$0.20  
1 large potato \$0.24  
1 large sweet potato \$0.40  
1 Tbsp curry \$0.17  
1 cup water  
1 14 oz can (414 mL) coconut milk \$1.50

**Total cost per serving: \$0.42**



### Directions

- Sauté onions in a little cooking spray in a large pot over high heat. Add a pinch of salt. Once onions are translucent, add remaining ingredients.
- Bring mixture to a boil, turn down heat to low, and simmer for about 20 minutes, until potatoes are tender.
- Blend mixture to desired consistency and enjoy!

**Video:** <https://www.youtube.com/watch?v=zzR4xAA4S5k>